

New Thought Medicine 5.0™

LIFE LESSONS 5.0™ and HEALTHY LIBRARY 5.0™

REVEAL ~ TRANSFORM ~ BE

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THE WORD IS GOD

LIFE LESSON 1

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Theme

The name we use is personal—the Presence we speak of is universal.

Lesson

There is a Power that responds to our recognition, a Presence that is activated through our awareness. We give It many names, yet It remains One—unchanging, infinite, and ever-present.

I use the word *God* because it reflects my personal relationship and understanding of this Presence. For another, it may be called Universal Mind, Love, Light, or Source. The name itself is not the Power—the meaning we give it is what awakens our connection.

The Word we speak carries creative power. It is not merely language; it is a vehicle of consciousness. When we speak of God, we are not describing something distant—we are acknowledging a Presence that lives within us, as us, and through us.

To say “The Word is God” is to recognize that our awareness of this Presence gives It form in our lives. What we believe about God becomes our experience of Life. If we know God as Love, we experience Love. If we know God as Abundance, we experience Supply. The Law responds to the Word we accept as true.

There is no limitation placed upon this Presence except the one we impose through belief. When we expand our understanding, we expand our experience. When we speak our Word with clarity and conviction, we align ourselves with the creative activity of Life itself.

The name may differ, but the Truth remains: there is One Life, One Presence, One Power—and we are expressions of It.

Meditative Thought

The Word I speak is filled with meaning and power.

I recognize the Presence within me now.

Affirmation

I know God as the living Presence within me.

By whatever name I call It, I am connected to the Infinite.

My word aligns with Truth, and Life responds accordingly.

Spiritual Practice

Today, become aware of the words you use for the Divine.

Gently affirm: “*This Word represents the Presence within me.*”

Speak it with intention, and notice how your awareness deepens.

Bonus Practice – Week 2

Substitute the word “Christ Consciousness” in your daily practice

Gently affirm: “*Christ Consciousness is the Presence within me.*”

Speak it with intention, and notice any shift or awareness as it deepens within you.