



I SEE CLEARLY NOW

LIFE LESSON 85

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Theme

From confusion to clarity

Lesson

There is within each of us a Light that is never dimmed, never confused, and never uncertain. What appears as confusion is not a lack of truth, but a temporary clouding of awareness. Clarity is not something we create—it is something we reveal.

The mind, when filled with doubt or fear, may seem uncertain and divided. Yet beneath all surface thought is the steady presence of Divine Intelligence, always knowing, always guiding. As we turn inward and become still, we begin to sense this deeper knowing.

Confusion dissolves not by force, but by recognition. When we release the need to figure everything out and instead trust the Presence within, clarity naturally emerges. The Law of Mind responds to our acceptance of truth. When we accept that we are guided, we begin to see that guidance is made visible.

Each moment offers us a choice: to remain in uncertainty or to align with clarity. As we choose clarity, we shift our consciousness. As consciousness shifts, our experience reflects that change. What once seemed unclear begins to reveal its meaning.

We are not separate from the Intelligence that governs all things. It lives within us, as us, and through us. When we trust this, we find that the path becomes visible, the next step becomes known, and peace replaces confusion.

Clarity is not distant—it is present now, waiting to be recognized.

Meditative Thought

There is a clear knowing within me.

I trust the Light that guides my way.

Affirmation

I see clearly now.

Divine Intelligence is guiding my every thought and action.

Clarity, peace, and understanding flow through me now.

Spiritual Practice

Today, pause when uncertainty arises.

Take a gentle breath and affirm: *"Clarity is within me now."*

Allow yourself to rest in that knowing, and notice how insight begins to unfold.