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LIFE LESSONS 5.0™ and HEALTHY LIBRARY 5.0™

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LIFE AT 90

LIFE LESSON 90

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Theme

Can I live fully, faithfully, and joyfully on the ninety percent I keep—trusting the Infinite Source of all supply?

Lesson

Life is forever moving, expressing itself through an endless circulation of giving and receiving. It is not measured by what we hold onto, but by how freely we allow it to flow through us. When we understand this, we begin to live in harmony with the natural rhythm of abundance.

Life is a circulation. It is not measured by what we keep, but by what we allow to move through us. The practice of tithing is not based on sacrifice or loss. It is rooted in trust—the recognition that giving activates the Law of increase and opens our consciousness to greater good.

The question is not, “Can I afford to give ten percent?” The deeper question is, “Can I live on ninety percent?” This inquiry invites us to look beyond appearances and place our faith in the Source of all supply. Our good does not come from the portion we keep; it comes from the Infinite Presence that sustains all life.

To live at ninety percent is to live with confidence in the abundance of the Universe. It is a willingness to release fear, trust the flow of Life, and know there is always enough. This shift in awareness moves us from scarcity to abundance, from limitation to possibility.

Living at ninety percent becomes a spiritual practice of faith and gratitude. It teaches us that true security is not found in accumulation, but in alignment with Principle. We are sustained by our awareness of Infinite Good. As we trust the Source, we discover that Life continually gives, supports, and renews itself through us.

Meditative Thought

I live in the flow of Divine supply.

What I give returns multiplied in perfect ways.

Affirmation

I trust the Infinite Source of my supply.

I give with joy and live with confidence.

There is always more than enough for me.

Spiritual Practice

Today, reflect on your relationship with giving.

Affirm gently: *“I trust the Source more than appearances.”*

Take one small step in giving—knowing that Life responds in kind.