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THE LAW OF MIND

LIFE LESSON LAW 2

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Preface

Law of Mind is the principle that thoughts, beliefs, and conscious intent shape a person's reality. It asserts that the subconscious mind accepts what is impressed upon it and manifests those beliefs into physical circumstances.

Theme

Your life reflects the thoughts you consistently accept as true.

Lesson

There is a spiritual principle operating in every moment of our lives, whether we are aware of it or not. This principle is the Law of Mind. It is the Divine process through which thought becomes experience, belief becomes condition, and consciousness becomes expression.

The Law of Mind teaches that the outer world is not the cause of our experience; it is the effect. What we repeatedly think, feel, imagine, and accept within ourselves becomes impressed upon the creative medium of Mind, which faithfully produces a corresponding result.

Life is not happening to us. Life is happening through us.

The Universal Mind is always present, receptive, and responsive. It does not judge, reward, or punish. It simply reflects the dominant patterns of consciousness we hold. Many people try to change conditions while leaving their thinking unchanged. Yet when we change our consciousness, we change the pattern impressed upon the Law, and new experiences begin to emerge.

This is why faith, expectation, gratitude, and vision are so powerful. They are not merely positive attitudes; they are creative forces that influence the activity of Mind. The beliefs we accept and the images we consistently hold become the blueprint for future experience.

The Law of Mind is always working. When we choose thoughts of wholeness, abundance, love, and possibility, we cooperate with the creative process of Life itself. The Law of Mind is the natural relationship between consciousness and experience. As we align our thoughts with Truth, our lives increasingly reflect harmony, freedom, abundance, and greater good.

Meditative Thought

The creative power of Mind flows through every thought I accept as true.
I choose thoughts that support peace, abundance, health, and love.

Affirmation

I consciously direct my thinking toward my highest good.
The Law of Mind responds perfectly to my thoughts and reveals greater harmony in every area of my life.

Spiritual Practice

Today, pay attention to the thoughts you repeat most often.
Whenever a limiting thought appears, gently replace it with a thought of possibility, knowing that every constructive thought is planting a seed for a greater experience of life.